## Table of Benefits – PMI 45 10

Applicable to new registrations or renewals on/or after 1<sup>st</sup> October, 2024.

This Table of Benefits must be read in conjunction with your Company Plan Terms and Conditions and the Directory of Approved Medical Facilities. Facilities may change from time to time, so log on to Vhi.ie or phone us on (056) 444 4444 if you are planning treatment.

	Benefit Provision	Benefit
	Section 1 - Hospital charges	
А	Public 1 & 2 hospitals	
	<ul> <li>Day care, side room, semi-private &amp; private accommodation</li> </ul>	Full cover
В	Private hospitals and treatment centres	
	Private 1, 2 & 3 hospitals (other than for certain investigations & treatments referred to in Section 1c & 1d)	
	Day care, side room & semi-private accommodation	Full cover
	Private accommodation	Semi-private rate
	Radiotherapy & Chemotherapy	Full cover
	<ul> <li>The following hospital excesses are payable by the member (except for</li> </ul>	
	maternity & certain cancer treatments)	
	- Day care & side room - €50 per claim	
	- In-patient admissions - €250 per claim	
	Private 4 hospitals (other than for certain investigations & treatments referred to in Section 1c & 1d)	
	Day care & side room	Full Cover
	Semi-private & Private accommodation	0%
	Radiotherapy & Chemotherapy	Full cover
	<ul> <li>The following hospital excesses are payable by the member (except for maternity &amp; certain cancer treatments)</li> </ul>	
	- Day care & side room - €50 per claim	
С	Certain investigations and treatments - herein referred to as Fixed Price Procedures (FPPs), (contact us for details)	
	Private 3 & 4 hospitals	
	Day care & in-patient cardiac FPPs Level 1	Full cover
	<ul> <li>Day care non-cardiac FPPs Level 1 (other than Radiotherapy and Chemotherapy, refer to Section 1B)</li> </ul>	Full cover
	<ul> <li>In-patient non-cardiac FPPs Level 1 (other than Radiotherapy and Chemotherapy, refer to Section 1B)</li> </ul>	90%
	In-patient cardiac FPPs Level 2	0%
	<ul> <li>The following hospital excesses are payable by the member (except for maternity &amp; certain cancer treatments)</li> </ul>	
	- Day care & side room - €50 per claim	
	<ul> <li>In-patient admissions - €250 per claim</li> </ul>	

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D	Specified hip, knee & shoulder joint replacement procedures (herein referred to as Orthopaedic procedures) & specified Ophthalmic procedures - contact us for details of these	
	<ul> <li>Private 1, 2 &amp; 3 hospitals</li> <li>Day care, side room &amp; semi-private accommodation</li> <li>Private accommodation</li> </ul>	80% 80% Semi- private rate
	<ul> <li>The following hospital excesses are payable by the member (except for maternity &amp; certain cancer treatments)</li> <li>Day care &amp; side room - €50 per claim</li> <li>In-patient admissions - €250 per claim</li> </ul>	private rate
	Private 4 hospitals	
	<ul> <li>Day care &amp; side room</li> <li>Semi-private &amp; Private accommodation</li> <li>The following hospital excesses are payable by the member (except for</li> </ul>	80% 0%
	maternity & certain cancer treatments) - Day care & side room - €50 per claim	
	When carried out as a Fixed Price Procedure (contact us for details)	
	Private 3 & 4 hospitals	80%
	<ul> <li>The following hospital excesses are payable by the member (except for maternity &amp; certain cancer treatments)</li> <li>Day care &amp; side room - €50 per claim</li> </ul>	
	- In-patient admissions - €250 per claim	
Е	Day Hospitals & Centres (refer to the Directory of Approved Day Hospitals & Centres)	
	<ul> <li>Level 1 approved day hospitals &amp; centres - €50 excess per claim</li> </ul>	Full cover
	<ul> <li>Specified orthopaedic &amp; ophthalmic procedures (contact us for details of these) - €50 excess per claim</li> </ul>	80%
	<ul> <li>Level 2 approved day hospitals &amp; centres</li> </ul>	75%
	<ul> <li>Specified orthopaedic &amp; ophthalmic procedures (contact us for details of these)</li> </ul>	75%
	Section 2 - Consultants' fees/GP procedures	
Α	In-patient treatment, day-care/side room/out-patient & GP procedures	
	Participating consultant/GP	Full cover
	Non-participating consultant/GP	Standard benefit
	Section 3 - Mental Health cover (read in conjunction with Section 1)	
Α	Benefit towards annual subscription for Meditation Apps – (details available at Vhi.ie/emotional-wellbeing)	€30 per year
В	Psychologist / Counsellor / Psychotherapist - combined visits	Refer Section 9

С	Neurodiversity assessment	Refer Section 9
D	Out-patient mental health treatment	
	• Mental health assessment in every 24 month period in an approved out-patient mental health centre	€100
	<ul> <li>Out-patient mental health therapy - 12 visits in an approved out-patient mental health centre</li> </ul>	€100 per visit
Е	Day care psychiatric treatment for approved day care programmes	Contact us for further details
F	In-patient psychiatric treatment	100 days
G	In-patient treatment for alcoholism, drug or other substance abuse in any 5 year period	91 days
	Section 4 - Maternity & Baby	
Α	Normal confinement	
	<ul> <li>Public hospital benefit (up to 3 days)</li> </ul>	Full cover
	Caesarean delivery (as per hospital benefits listed)	Refer Section
	Home birth benefit	1
_		€3,500
В	In-patient maternity consultant fees (per Schedule of Benefits for Professional Fees)	Agreed charges
С	Post-natal home nursing	
	Following 1 nights stay	€1,200
	Following 2 nights stay	€600
D	Vhi Fertility Programme	
	Fertility benefit - benefit per member, towards the cost of specified fertility tests and treatments carried out in a Vhi Participating Fertility Treatment Centre. Benefits listed are once per lifetime unless otherwise specified.	
	Initial consultation	€100
	Fertility tests	€100
	Egg freezing	€1,000
	Sperm freezing	€125
	IUI - up to 2 treatments per lifetime	50% up to €1,000 per treatment
	IVF or ICSI - up to 2 treatments per lifetime	50% up to €1,000 per treatment
	Preimplantation Genetic Testing (PGT)	€500
	<ul> <li>Frozen Embryo Transfer – up to 2 treatments per lifetime</li> </ul>	50% up to €500 per treatment
	• Fertility counselling - 5 sessions per treatment carried out in a Vhi Participating Fertility Treatment Centre	€50 per session

	Fertility support services - Acupuncturists & Dietitians visits	Refer Section 9
Е	Maternity & Baby Bundle	
	Maternity Yoga and Pilates classes	75% cover up
	One maternity scan	to a combined
	Breast-feeding consultations	limit of €500
	Baby massage classes	and
	Baby swim classes	no excess
	Ante natal course	
F	Additional Maternity & Baby Benefits	
	<ul> <li>Vaccinations for Meningitis B and Chicken Pox - up to two inoculations per vaccination per lifetime</li> </ul>	€60 per inoculation
	Section 5 - Cancer care and other benefits	
Α	Genetic testing for cancer	
	<ul> <li>Initial visit for genetic testing for cancer *</li> </ul>	€125
	<ul> <li>Genetic test - for specified genetic mutations to be carried out in an approved clinic *</li> </ul>	Full cover
	<ul> <li>Preventative (Prophylactic) treatment following on from the genetic test</li> </ul>	Covered up to the levels for hospital treatment listed in Section 1
	* These benefits are available immediately for existing Vhi customers with no waiting periods. There is a 26 week new conditions waiting period for new joiners.	
В	Mammogram in an approved mammogram centre	Full cover (one per renewal year)
С	Cancer Care Support - Accommodation, travel & parking costs	Up to €100 per treatment
D	Manual lymph drainage - 10 visits	€50 per visit
Е	Additional cancer support benefits	
	<ul> <li>Wig/ hairpiece, sleeping cap, post-mastectomy bra, swimsuit, surgical prosthesis following cancer treatment</li> <li>No excess applies, but subject to the benefit maximum for medical and surgical appliances set out below</li> </ul>	Full cover
F	Other benefits in Section 5	
	Gender affirmation supports (contact us for details of eligibility)	50% up to €3,000 per lifetime
	Vhi Healthcare approved medical and surgical appliances - subject to an excess of €300 per member per year (contact us for details of eligible appliances)	€6,650 per member year
	Convalescent care - first 14 nights towards the cost of semi-private or private room accommodation	€60 per night

	Vhi Hospital@Home	Full cover
	Child home nursing - 28 days per calendar year	€100 per day
	Parent accompanying child - 14 days per calendar year, following a stay in excess of 3 days in hospital	€105 per day
	Return home benefit	€100 per claim
	Section 6 - Transport costs	
A	Transport costs (covered in accordance with our rules)	Agreed charges
	Section 7 - Cover outside Ireland	
A	Emergency treatment abroad	€100,000 per calendar year
В	Elective treatment abroad including gender affirmation surgery (subject to prior approval)	
	• Surgical procedures available in Ireland (as per level of cover in Ireland)	€100,000 per calendar year
	Treatment not available in Ireland	€100,000 per calendar year
	Section 8 - Out-patient scans, covered in accordance with our	
	rules (refer to the Directory of Approved Out-patient Scan Centres)	
A		
A	Centres)	Full cover
A	Centres) MRI scans	Full cover Covered
A	Centres) MRI scans • Centres with direct pay arrangements (Vhi pay directly)	
	Centres)         MRI scans         • Centres with direct pay arrangements (Vhi pay directly)         • Pay & claim back centres (subject to an excess of €125 per scan)	Covered
В	Centres)         MRI scans         • Centres with direct pay arrangements (Vhi pay directly)         • Pay & claim back centres (subject to an excess of €125 per scan)         PET-CT scans (covered in accordance with our rules)	Covered
В	Centres)         MRI scans         • Centres with direct pay arrangements (Vhi pay directly)         • Pay & claim back centres (subject to an excess of €125 per scan)         PET-CT scans (covered in accordance with our rules)         CT scans	Covered Full cover Full cover No cover
В	Centres)         MRI scans         • Centres with direct pay arrangements (Vhi pay directly)         • Pay & claim back centres (subject to an excess of €125 per scan)         PET-CT scans (covered in accordance with our rules)         CT scans         • Oncology direct pay centres (Vhi pay directly)         • Cardiac direct pay centres (Vhi pay directly)         • CT scans other than Oncology and Cardiac - direct pay centres (Vhi pay directly)	Covered Full cover Full cover
В	Centres)         MRI scans         • Centres with direct pay arrangements (Vhi pay directly)         • Pay & claim back centres (subject to an excess of €125 per scan)         PET-CT scans (covered in accordance with our rules)         CT scans         • Oncology direct pay centres (Vhi pay directly)         • Cardiac direct pay centres (Vhi pay directly)         • CT Scans other than Oncology and Cardiac - direct pay centres (Vhi pay	Covered Full cover Full cover No cover
В	Centres)         MRI scans         • Centres with direct pay arrangements (Vhi pay directly)         • Pay & claim back centres (subject to an excess of €125 per scan)         PET-CT scans (covered in accordance with our rules)         CT scans         • Oncology direct pay centres (Vhi pay directly)         • Cardiac direct pay centres (Vhi pay directly)         • CT scans other than Oncology and Cardiac - direct pay centres (Vhi pay directly)	Covered Full cover Full cover No cover Full cover 50% cover (one per
B C	Centres)         MRI scans         • Centres with direct pay arrangements (Vhi pay directly)         • Pay & claim back centres (subject to an excess of €125 per scan)         PET-CT scans (covered in accordance with our rules)         CT scans         • Oncology direct pay centres (Vhi pay directly)         • Cardiac direct pay centres (Vhi pay directly)         • CT Scans other than Oncology and Cardiac - direct pay centres (Vhi pay directly)         • CT Scans not covered under this section - please refer to section 9	Covered Full cover Full cover No cover Full cover 50% cover
B C	Centres)         MRI scans         • Centres with direct pay arrangements (Vhi pay directly)         • Pay & claim back centres (subject to an excess of €125 per scan)         PET-CT scans (covered in accordance with our rules)         CT scans         • Oncology direct pay centres (Vhi pay directly)         • Cardiac direct pay centres (Vhi pay directly)         • CT Scans other than Oncology and Cardiac - direct pay centres (Vhi pay directly)         • CT Scans not covered under this section - please refer to section 9         Dexa scans in an approved direct pay dexa scan centre         Section 9 – Day-to-day medical expenses (benefits are per visit, per member, unless otherwise indicated)	Covered Full cover Full cover No cover Full cover 50% cover (one per
B C	Centres)         MRI scans         • Centres with direct pay arrangements (Vhi pay directly)         • Pay & claim back centres (subject to an excess of €125 per scan)         PET-CT scans (covered in accordance with our rules)         CT scans         • Oncology direct pay centres (Vhi pay directly)         • Cardiac direct pay centres (Vhi pay directly)         • CT Scans other than Oncology and Cardiac - direct pay centres (Vhi pay directly)         • CT Scans not covered under this section - please refer to section 9         Dexa scans in an approved direct pay dexa scan centre         Section 9 – Day-to-day medical expenses (benefits are per visit,	Covered Full cover Full cover No cover Full cover 50% cover (one per renewal year)
B C D	Centres)         MRI scans         • Centres with direct pay arrangements (Vhi pay directly)         • Pay & claim back centres (subject to an excess of €125 per scan)         PET-CT scans (covered in accordance with our rules)         CT scans         • Oncology direct pay centres (Vhi pay directly)         • Cardiac direct pay centres (Vhi pay directly)         • CT Scans other than Oncology and Cardiac - direct pay centres (Vhi pay directly)         • CT Scans not covered under this section - please refer to section 9         Dexa scans in an approved direct pay dexa scan centre         Section 9 – Day-to-day medical expenses (benefits are per visit, per member, unless otherwise indicated)         General practitioner - unlimited visits	Covered Full cover Full cover No cover Full cover (one per renewal year) 75%

E	Pathology/Radiology in an approved out-patient centre (refer to Section 8 for out- patient MRI benefits)*	50% of agreed charges
F	Specified Diagnostic Tests*	50% per test
G	Pre- and post-natal care (combined visits)	€450
н	Dental practitioner - 7 visits	€25
Ι	Emergency dental treatment	Up to €250 per accident
J	Practice nurse - unlimited visits	50%
к	STI screening	Up to €100 per year
L	Physiotherapist - 7 visits	€25
М	Acupuncturists, Chiropractors, Osteopaths, Physical therapists, Reflexologists - unlimited visits	50%
N	Chiropodists/Podiatrists, Dietitians, Occupational therapists, Speech therapists, Orthoptists - unlimited visits	50%
0	Optical	
	• Eye test in each 24 month period	€30
	Glasses/contact lenses in each 24 month period	75% of charges up to €100
Р	Hearing test in each 2 year period	€40
Q	Accident & emergency cover - 2 visits	€75
R	Prescription costs	Up to €25 per year
s	Foetal screening (per renewal year)	€100
Т	Psychologist / Counsellor / Psychotherapist - 12 combined visits	€30 per visit
U	Neurodiversity assessment	Up to €250 per lifetime
V	Travel vaccinations	€60 per year
W	Vasectomy	50% up to €250 per lifetime
X	Galway Clinic Emergency Department (minor injuries only)**	Full cover, subject to an excess of €75 per visit
Y	Intrauterine system (IUS) hormonal coil (see additional notes section)	50% up to €300 per lifetime
Z	Paediatrician benefit in addition to the Vhi paediatric clinic benefit - 1 visit in the year of the birth	50%
	The annual excess payable by the member – per member, per year is €1	

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	The annual maximum – per member, per year is €3,000	
	* These benefits are not subject to the annual maximum	
	**These benefits are not subject to the annual excess or annual maximum	
	Section 10 - Workplace benefits	
Α	Employee Assistance Programme	
	<ul> <li>Telephone or face-to-face counselling 6 calls/visits per issue, per calendar year</li> </ul>	Full cover
	Section 11 – Vhi Digital Health Services (available through the Vhi App)	
A	Vhi Online Physiotherapy, Speech & Language Therapy and Dietitian – 12 combined visits	Full cover
	Section 12 - Vhi Clinical Services in a Vhi 360 Health Centre (benefit is per visit unless otherwise indicated)	
A	Vhi Core Services, subject to an excess of €75 per visit	
	Urgent Care	Full cover
	Paediatric Clinic	Full cover
	360 Health Clinics	Full cover
	Health screening - HealthCheck, in each 24 month period	Full cover
В	Vhi Personalised follow up package following referral from a Vhi Core Service – 4 visits per referral. Details available at Vhi.ie/360health	Full cover
С	Additional follow on visits/care in a Vhi 360 Health Centre. Details available at Vhi.ie/360health	
	• Consultant and Specialist led care, subject to an excess of €75 per visit	Full cover
	• Primary care practitioners, subject to an excess of €25 per visit	Full cover
D	Vhi 360 Health Centre diagnostics (X-ray & ultrasound) following GP referral, subject to an excess of €75 per visit	Full cover
	Additional notes	
A	Hospitals not covered on this plan - Bon Secours Hospital Cork, Whitfield Clinic Waterford	
В	You have the option to change your cover at your renewal date and in certain additional circumstances (as determined by us) during your contract year. This is subject to Terms and Conditions and waiting periods may apply. Further information is available on our website at www.vhi.ie/midterm-planchanges.pdf or you can contact us if you would like to discuss this option.	
С	If included in Your Plan, We will pay the benefit listed in Your Table of Benefits towards the cost of an Intrauterine system (IUS) hormonal coil where the coil/system is either a Mirena, Jaydess or Kyleena Intrauterine System. Treatment must be carried out by a General Practitioner, Consultant or Nurse.	

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Vhi Healthcare DAC trading as Vhi Healthcare is regulated by the Central Bank of Ireland. Vhi Healthcare is tied to Vhi Insurance DAC for health insurance in Ireland which is underwritten by Vhi Insurance DAC.

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